

# \* MENU \*

2017/5/1 – 2017/5/12

Date	MON( 1)	TUE( 2)	WED( 3)	THU( 4)	FRI( 5)
Lunch	Mayday Holiday	Brown Rice	Millet Rice	Black bean Rice	Barely Rice
		Cabbage with soybean soup	Beef & Radish soup	Dried pollack & Radish soup	Potato & Egg soup
		Stir-fried Tomato & egg	Tuna & corn pancake	Stir-fried Sliced potato & sausage	Vegetable with Potato noodle
		Leek Pancake	Stir-fried broccoli & cauli flower	Seasoned Acorn Jelly	Seasoned Asparagus lettuce
		Seasoned Bean sprouts	Peanut cooked In soysauce	Seasoned Spinach	Seasoned Eggplant
		Kimchi	Kimchi	Kimchi	Kimchi
Morning Snack	Banana	Watermelon	Small tomato	Apple	
Afternoon Snack	Pancake	Steamed dumpling	Rice cake skewer	Mixed noodle	
Date	MON( 8)	TUE( 9)	WED(10)	THU(11)	FRI(12)
Lunch	Pea Rice	Millet Rice	Rice	Black Rice	Mother's day Activity
	Miso soup	Egg soup	Seaweed & beef soup	Bean sprouts soup	
	Chicken cooked In soy sauce	Potato & sweet potato cooked in soysauce	Potato pancake	Chicken cutlet	
	Top mushroom pancake	Stir-fried Sweet potato stem	Quail egg cooked In curry sauce	Lettuce & Cabbage Salad	
	Seasoned Radish	Grilled laver	Stir-fried dried Anchovy & seeds	Stir-fried rice cake & Vegetable	
	Kimchi	kimchi	Kimchi	Kimchi	
Morning Snack	Melon	Apple	Banana	Seasoned fruit	
Afternoon Snack	Sticky rice pancake	Stir-fried Fish paste	Birthday rice cake	Mini rice roll	

Maryland Kindergarten