

* MENU *

2017/4/17 – 2017/4/28

Date	MON(17)	TUE(18)	WED(19)	THU(20)	FRI(21)
Lunch	Millet Rice	Rice	Brown Rice	Black Rice	Field Trip
	Dried pollack & radish soup	Potato & Egg soup	Miso soup	Soft tofu soup	
	Stir-fried bacon & potato	Stir-fried squid	Leek pancake	Egg roll	
	Tofu cooked in Soy sauce	Burdock cooked in Soy sauce	Potato cooked in Soy sauce	Stir-fried okra	
	Seasoned Cucumber	Steamed Spinach	Seasoned Wosun	Seasoned Dried squid	
	Kimchi	Kimchi	Kimchi	Kimchi	
Morning Snack	Apple	Banana	Watermelon	Small tomato	
Afternoon Snack	Banquet noodles	French Toast	Pumpkin porridge	Steamed corn	
Date	MON(24)	TUE(25)	WED(26)	THU(27)	FRI(28)
Lunch	Rice	Black bean Rice	Sorghum Rice	Millet Rice	Mixed Rice
	Bean sprouts soup	Spinach with soybean soup	Egg soup	Calm & seaweed soup	Cabbage with soybean soup
	Crab paste pancake	Quail egg cooked in sauce	Chicken cooked In soy sauce	Korean meat ball	Mixed vegetable
	Lotus roots cooked in soy sauce	Stir-fried Fish paste	Seasoned Chestnut jelly	Mapo tofu	Seafood & vegetable pancake
	Seasoned Pickled radish	Seasoned Bean sprouts	Seasoned Greenbean Sprout	Stir-fried Bean stems	
	Kimchi	kimchi	Kimchi	Kimchi	Kimchi
Morning Snack	Orange	Apple	Watermelon	Banana	Small tomato
Afternoon Snack	Rice cake cooked in soy sauce	Mini kimbob	Apple pied	Macaroni salad	Potato ball with soup

Maryland Kindergarten