

* MENU *

2017/10/ 9 – 2017/10/20

| Date | MON(9) | TUE(10) | WED(11) | THU(12) | FRI(13) |
|-----------------|------------------------------------|-------------------------------|------------------------------|---------------------------------|-----------------------------|
| Lunch | Rice | Millet Rice | Sorghum Rice | Pea Rice | Black Rice |
| | Chicken & Mushroom soup | Fish paste soup | Lettuce with soybean soup | Bean sprouts soup | Miso soup |
| | Tofu cooked In soy sauce | Leek pancake | Stir-fried Bacon & Cabbage | Stir-fried Tomato & Egg | Egg roll |
| | Stir-fried Garlic stem | Grilled laver | Potato cooked in curry sauce | Lotus roots cooked in soy sauce | Stir-fried Peanut & Anchovy |
| | Macaroni salad | Stir-fried Potato & Zucchini | Seasoned Spinach | Stir-fried Bok choy | Seasoned cucumber |
| | Kimchi | Kimchi | Kimchi | Kimchi | Kimchi |
| Morning Snack | Huamigua | Pear | Banana | Apple | Huamigua |
| Afternoon Snack | Grilled potatoes | Fried Lotus roots | Banquet noodles | Steamed corn | Mini Kimbob |
| Date | MON(16) | TUE(17) | WED(18) | THU(19) | FRI(20) |
| Lunch | Brown Rice | Rice | Black bean Rice | Barley Rice | Curry Rice |
| | Dried pollacks & radish soup | Spinach with soybean soup | Potato & radish soup | Beef & seaweed soup | Egg soup |
| | Mixed vegetable with sticky noodle | Stir-fried Squid | Mushroom pancake | Zucchini pancake | Stir-fried Broccoli |
| | Potato pancake | Seasoned Acorn jelly | Stir-fried Dried shrimp | Stir-fried Fish paste | Fried potatoes |
| | Seasoned Bean sprouts | Steamed Cabbage with sauce | Seasoned Green bean Sprout | Stir-fried Konxincai | |
| | Kimchi | kimchi | Kimchi | Kimchi | Kimchi |
| Morning Snack | Grapes | Apple | Pear | Banana | Seasoned fruit |
| Afternoon Snack | Rice cake Skewer | Fried Sweet potato With honey | Strawberry jam bread | Birthday Rice cake | Steamed Dumpling |



Maryland Kindergarten